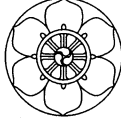


The Kwan Um  School of Zen

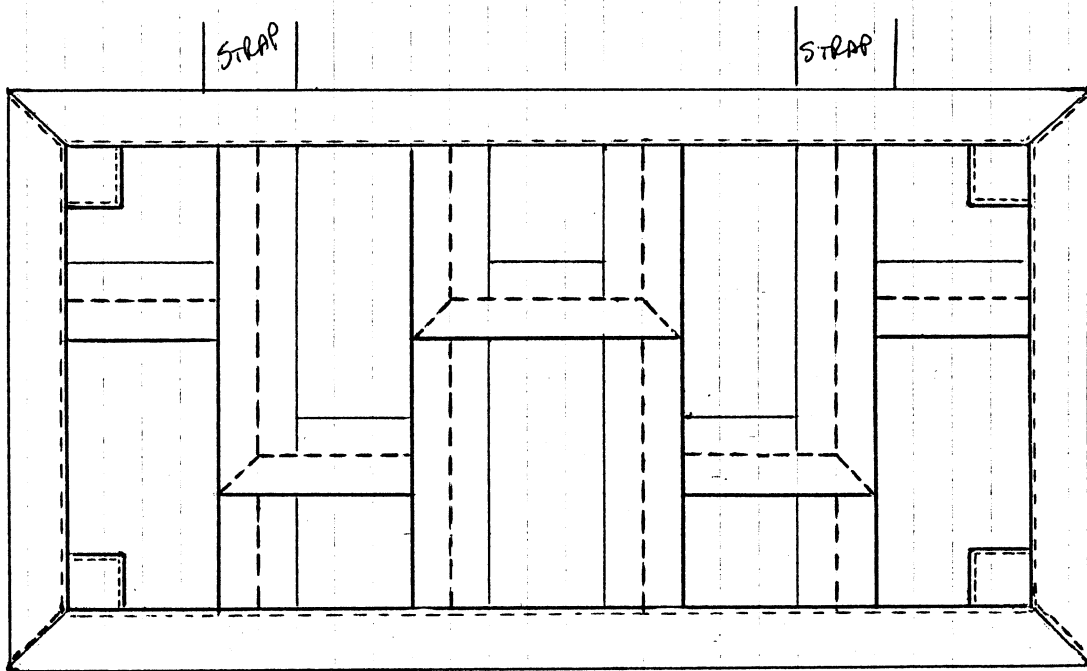
Korean Buddhist Chogye Order  
Zen Master Seung Sahn, Founding Teacher

Sewing Instructions for  
Ceremony Kasa

Developed by  
Merrie Fraser JDPSN

# CEREMONY KASA

FOR JIDU POEPSA, SUNDOSA, BODHISATTVA MONKS



THIS IS NOT EXACTLY DRAWN TO SCALE.

COLORS & BRAND

JDPS :	TREMODE	CINNAMON RED	49632
BM :	TREMODE	ROYAL BLUE	82689
SDT :	TREMODE	HOLLY GREEN	90852

I. DEFINITION OF TERMS FOR FORMULAS.

- A = FINISHED WIDTH (INCLUDES FRAME)
- B = FINISHED LENGTH (INCLUDES FRAME)
- C = BAND WIDTH AS IT APPEARS ON FRONT
- F = FRAME WIDTH + VISIBLE SQUARE SIZE
- S = SEAM ALLOWANCE (USUALLY 1/2")
- T = STRAP

THEREFORE

- X = TOTAL CUT WIDTH =  $A + 8C + 2S$
- Y = TOTAL CUT LENGTH =  $B + 2C + 2S$
- P = VISIBLE PANEL WIDTH FROM CENTER OF BAND TO CENTER OF BAND INSIDE FRAME

$$= \frac{A - 2F}{5}$$

H = LENGTH COMMON DENOMINATOR

$$= \frac{B - 2F}{3}$$

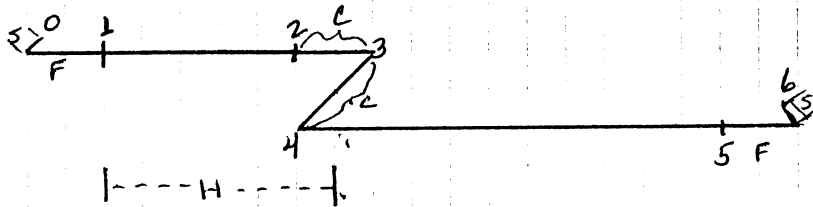
FINISHED SQUARES IN CORNERS SHOULD = F  
 CUT 4 PIECES  $F + 2S$  SQUARE.

STRAP =  $1.5F$  WIDE CUT  $3F + 2S$  WIDE

STRAP LENGTH MUST BE ADJUSTED TO THE PERSON - THE KASA SHOULD BE HORIZONTAL ACROSS THE TOP WHEN WORN. NOT PULLED UP AT AN ANGLE. THE STRAP IS SEWN IN & NOT TIED.

II. MARKING.

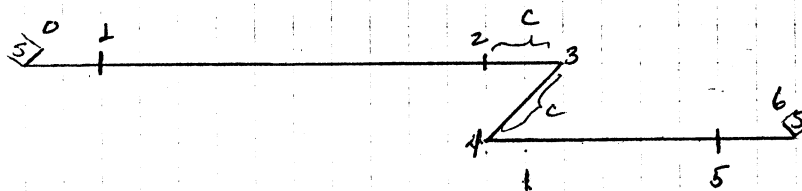
THIS KASA HAS NO BACKING LIKE THE 5-PRECEPTS KASA. FOR THIS REASON\* (THE KASA MAY BE CUT IN 5 LENGTHS & THESE STRIPS CAN BE SEWN TOGETHER TO MAKE THE VERTICAL FLAPS, EACH OF THESE STRIPS WILL HAVE A VERTICAL FLAP.)



3 PANELS  
ODD-NUMBERED.

MARKS

0	=	0
1	=	S + F
2	=	S + F + H - 1/2 C
3	=	S + F + H + 1/2 C
4	=	S + F + H + 1 1/2 C
5	=	S + F + 3H + 2C
6	=	2S + 2F + 3H + 2C



2 PANELS  
EVEN-NUMBERED

MARKS

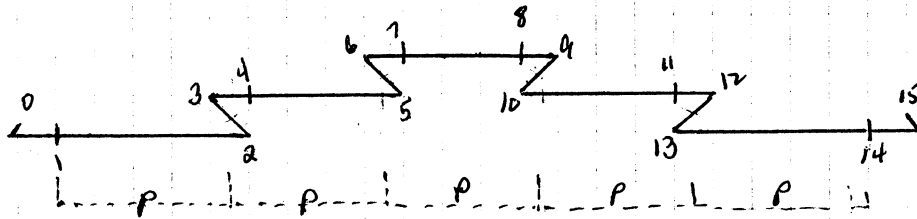
0	=	0
1	=	S + F
2	=	S + F + 2H - 1/2 C
3	=	S + F + 2H + 1/2 C
4	=	S + F + 2H + 1 1/2 C
5	=	S + F + 3H + 2C
6	=	2S + 2F + 3H + 2C

THESE MARKS ARE MADE DOWN THE SIDE OF THE PANEL FOR HORIZONTAL LINES.

\* THIS KASA IS SMALL ENOUGH TO CUT LIKE A 5 PRECEPTS KASA (IN 1 PIECE). DO THE MARKINGS THE SAME AS A 5 PRECEPTS KASA, BUT READ THE SECTION ON CUTTING BEFORE MAKING ANY INTERNAL CUTS!

# IF MARKING (CONT.)

CK-4



0	=	0				
1	=	S	+	F		
2	=	S	+	F	+ P	+ 1/2 C
3	=	S	+	F	+ P	+ 1 1/2 C
4	=	S	+	F	+ P	+ 2 1/2 C
5	=	S	+	F	+ 2P	+ 2 1/2 C
6	=	S	+	F	+ 2P	+ 3 1/2 C
7	=	S	+	F	+ 2P	+ 4 1/2 C
8	=	S	+	F	+ 3P	+ 3 1/2 C
9	=	S	+	F	+ 3P	+ 4 1/2 C
10	=	S	+	F	+ 3P	+ 5 1/2 C
11	=	S	+	F	+ 4P	+ 5 1/2 C
12	=	S	+	F	+ 4P	+ 6 1/2 C
13	=	S	+	F	+ 4P	+ 7 1/2 C
14	=	S	+	F	+ 5P	+ 8 C
15	=	2S	+	2F	+ 5P	+ 8 C

THESE MARKS ARE MADE ACROSS THE TOP & BOTTOM OF THE MATERIAL TO FORM VERTICAL LINES.

## ADDITIONAL PIECES.

4 CORNERS  
STRAP

4" x 4"  
7" x 30"

(CUT EXTRA LENGTH SO KASA CAN BE FIT TO PERSON PROPERLY).

## POINTS:

1-2 = P + 1/2 C

4-5 = P

7-8 = P - C

10-11 = P

13-14 = P + 1/2 C

# IF MARKING (CON'T.)

(ROUNDED TO NEAREST 1/4 INCH)

## MARKING TABLE - INCHES

CK-5

	X-SMALL	SMALL	MED.	LARGE	X-LARGE
A. FINISHED WIDTH		55"	59"	63"	
B. FINISHED LENGTH		28	30.5	33"	
C. BAND WIDTH	1.25	1.25	1.25	1.25	1.25
F. FRAME WIDTH	2.50	2.50	2.50	2.50	2.50
G. SEAM ALLOWANCE	.50	.50	.50	.50	.50
YARDS 44" NEEDED			2.5 yds	2 2/3 yds	
X. CUT WIDTH		66.0	70.0	74.00	
Y. CUT LENGTH		31.5	34.0	36.50	
CUT FRAME WIDTH	3.50	3.50	3.50	3.50	3.50
P. ACROSS		10	10.8	11.60	
H. DOWN		7.66	8.5	9.33	
STRAP (1)	7 x 30	7 x 25	7 x 30	7 x 30"	7 x 40
SQUARE (4)	4 x 4	4 x 4	4 x 4	4 x 4	4 x 4
(MARK DOWN THE SIDES)	VERTICAL	MARKS FOR HORIZONTAL LINES			
0	0.00	0.00	0.00	0.00	0.00
1	3.00	3.00	3.00	3.00	3.00
2		10.00	10.75	11.75	
3		11.25	12.00	13.00	
4		12.50	13.25	14.25	
5		17.75	19.25	21.00	
6		19.00	20.50	22.25	
7		20.25	21.75	23.50	
8		28.50	31	33.50	
9		31.50	34	36.50	
(MARK ACROSS TOP + BOTTOM)	HORIZONTAL		MARKS FOR VERTICAL LINES		
0	0.00	0.00	0	0	0.00
1	3.00	3.00	3	3	3.00
2		13.50	14.50	15.25	
3		14.75	15.75	16.50	
4		16.00	17.00	17.75	
5		26.00	27.75	29.25	
6		27.25	29.00	30.50	
7		28.50	30.25	31.75	
8		37.50	39.75	42.25	
9		38.75	41.00	43.50	
10		40.00	42.25	44.75	
11		50.00	53.00	56.25	
12		51.25	54.25	57.50	
13		52.50	55.50	58.75	
14		63.00	67	71.00	
15		66.00	70	74.00	

II MARKINGS (CONT.)

MARKING TABLE - CENTIMETERS

	X-SMALL	SMALL	MED.	LARGE	X-LARGE
A. FINISHED WIDTH			150 cm	160 cm	
B. FINISHED LENGTH			78	84	
C. BAND WIDTH			3	3	
F. FRAME WIDTH			6.5	6.5	
J. SEAM ALLOWANCE			1.5	1.5	
METERS NEEDED					
X. CUT WIDTH			177	187	
Y. CUT LENGTH			87	93	
CUT FRAME WIDTH			9.5	9.5	
P. ACROSS			27.4	29.4	
H. DOWN			21.6	23.6	
STRAP (1)			18 x 76	18 x 76	
SQUARE (4)			10 x 10	10 x 10	

VERTICAL MARKS FOR HORIZONTAL LINES (DOWN THE SIDES)

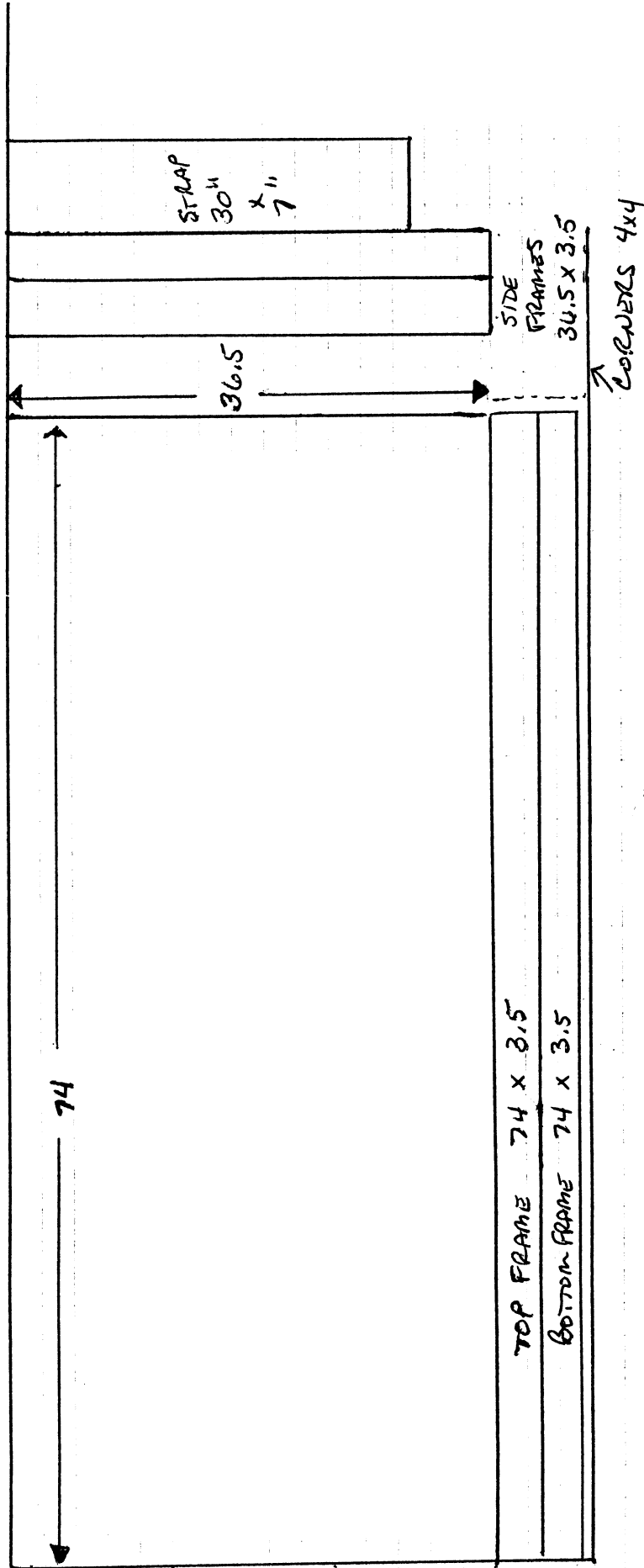
0			0	0	
1			8	8	
2			28	30	
3			31	33	
4			34	36	
5			50	54	
6			53	57	
7			56	60	
8			79	85	
9			87	93	

HORIZONTAL MARKS FOR VERTICAL LINES (ACROSS TOP & BOTTOM)

0			0	0	
1			8	8	
2			37	39	
3			40	42	
4			43	45	
5			70	74	
6			73	77	
7			76	80	
→ 8			101	107	
9			104	110	
10			107	113	
11			134	142	
12			137	145	
13			140	148	
14			169	179	
15			177	187	

# III CUTTING LAYOUT - LARGE

CK-6



44" MATERIAL = 74" + 8" + 8" = 90 = 2 2/3 YDS.

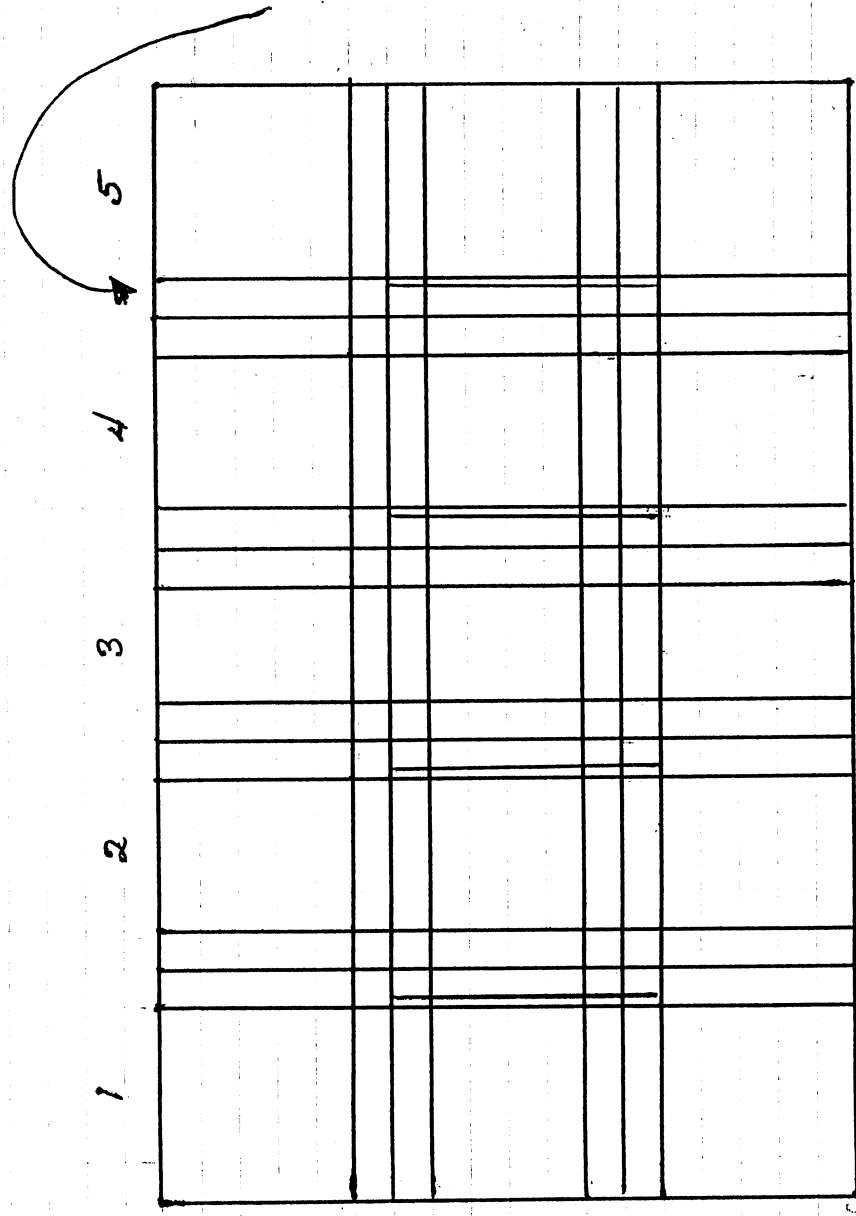
IF THE MATERIAL IS WIDER, (60") YOU CAN GET BY WITH 2 1/8 YDS.



### III. CUTTING.

REFER TO THE CUTTING LAYOUT. SINCE THIS KASA IS SMALL ENOUGH TO BE CUT IN ONE PIECE, THE HORIZONTAL MARKINGS FOR BOTH ODD + EVEN PANELS SHOULD BE MARKED ALL THE WAY ACROSS (LIKE THE 5 PRECEPTS KASA.) THIS IS BASICALLY A LARGER VERSION OF THAT KASA. THE MAIN DIFFERENCE IS THAT THERE IS NO BACKING. CUTTING + SEWING MUST BE DONE IN SUCH A WAY AS TO LEAVE THE BACK OF THE KASA LOOKING FINISHED.

NOTE: INTERNAL CUTS ARE DIFFERENT FROM 5 PRECEPTS KASA !!



MAKE THE INTERNAL CUTS AS SHOWN IN RED.

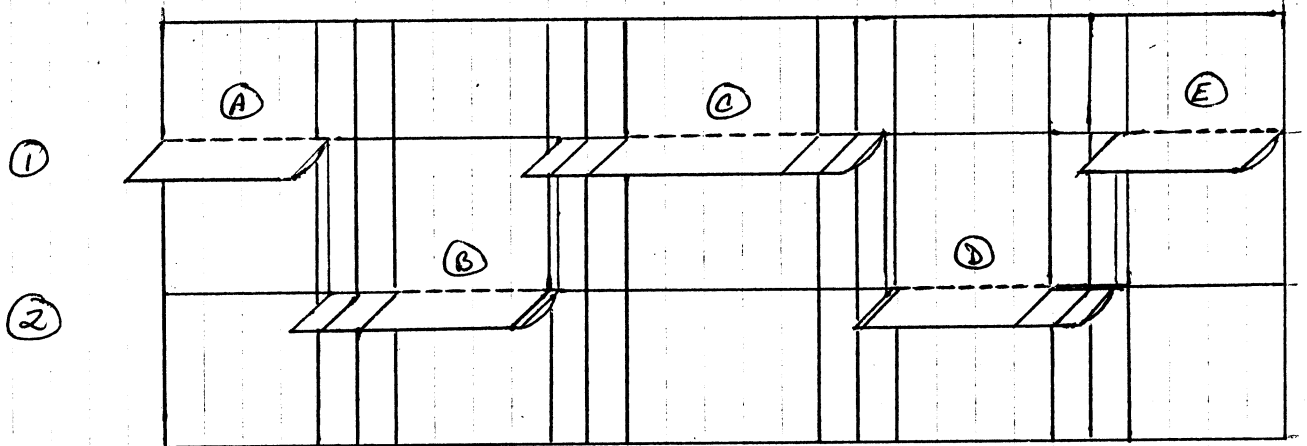
WHEN THE VERTICAL FLAPS ARE SEWN, THE CUT WILL BECOME PART OF THE UNDERSIDE OF THE FLAP. AFTER TOP STITCHING IT WILL BE HIDDEN COMPLETELY.

THE RED LINE IS  $\frac{1}{4}$  IN FROM CLOSEST VERTICAL LINE.

IV SEWING.

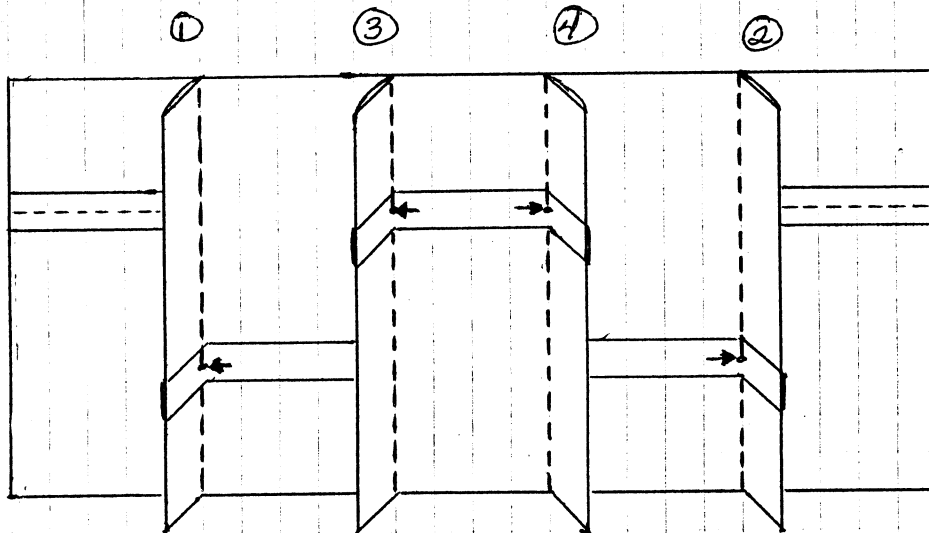
A. STITCH HORIZONTAL SEAMS AS SHOWN.  
NO TOP STITCHING YET.

DO ROW ① FIRST, PRESS FLAPS DOWN  
DO ROW ②, PRESS FLAPS DOWN.



WHEN FLAPS ARE PRESSED, TOP STITCH FLAPS  
A + E THRU THE MIDDLE OF THE FLAP

B. SEWING VERTICAL FLAPS. ALWAYS START  
WITH THE OUTSIDE FLAPS AND WORK TOWARDS  
THE CENTER.

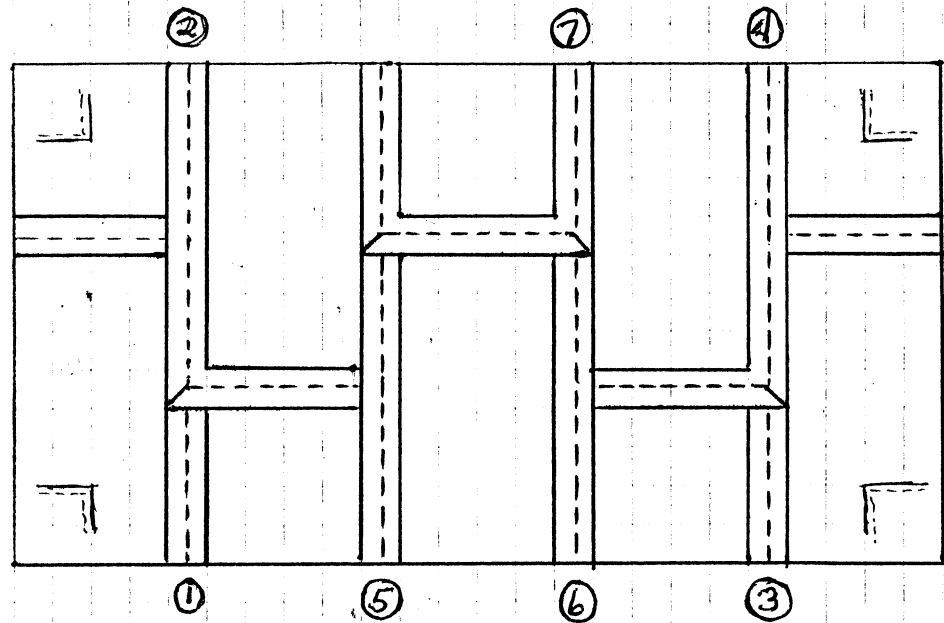


START AT BOTTOM, SEW TOWARDS TOP, ALWAYS SEW  
UNDER FLAP + BACK STITCH. THEN START ON TOP OF  
SAME FLAP @ HALFWAY POINT + SEW TO TOP.  
PRESS FLAPS TOWARDS OUTSIDE EDGE  
BE SURE TO PICK UP MATERIAL FROM THE OTHER  
SIDE OF THE CUT ELSE THE BACK OF THE KASA WILL  
NOT BE CORRECT.

## IV SEWING.

CK-9

### C. TOP-STITCHING



THE CIRCLED NUMBERS INDICATE THE ORDER OF STITCHING & THE STARTING POINT

ALWAYS SEW HALFWAY UP UNDER THE FLAP.

AFTER THE TOP STITCHING HAS BEEN DONE & EVERYTHING PRESSED ADD THE 4 SQUARES TO THE CORNERS.

## V PUTTING ON THE FRAMES & STRAP.

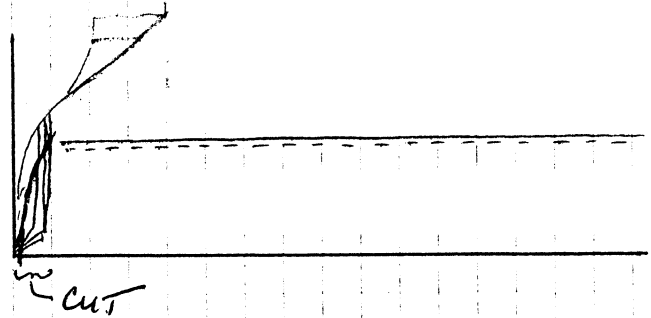
### A. HORIZONTAL FRAMES.

1. WITH THE WRONG SIDE OF THE KASA UP AND THE RIGHT SIDE OF THE FRAME DOWN, PIN THE RAW EDGES & SEW THE TOP & BOTTOM FRAMES TO THE KASA.
2. TURN & PRESS SEAM. TURN THE REMAINING RAW EDGE UNDER SO THE FRAME IS "F" WIDTH.  
PRESS & TOP-STITCH THIS EDGE TO RIGHT SIDE OF KASA.

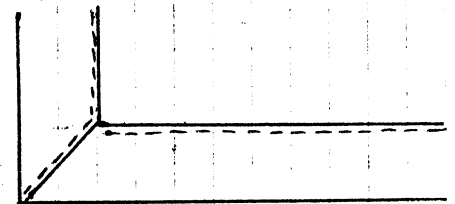
## II (CONT)

### B. VERTICAL FRAMES

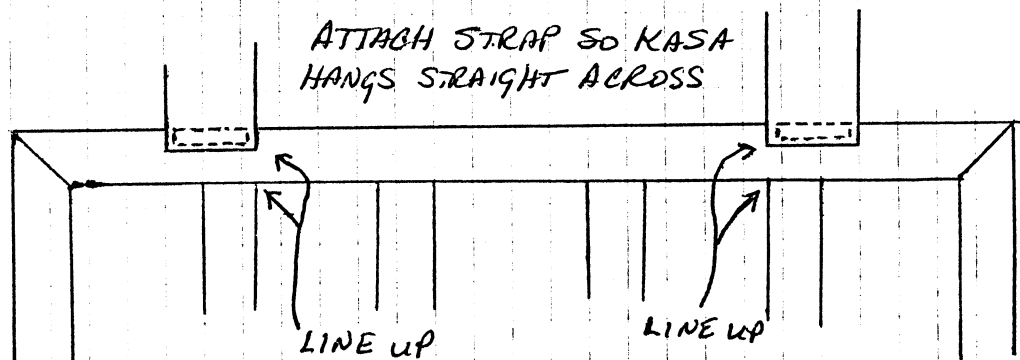
1. WITH THE WRONG SIDE OF THE KASA UP AND THE RIGHT SIDE OF THE FRAME DOWN, PIN THE RAW EDGES + SEW THE SIDE FRAMES TO THE KASA.
2. TURN + PRESS SEAM. TURN THE REMAINING RAW EDGE UNDER SO THE FRAME IS "F" WIDTH ON THE RIGHT SIDE OF THE KASA. PRESS + PIN.
3. UNDO THE PINS AT EACH CORNER + TRIM THE STITCHED SEAM CLOSE TO THE STITCHING AT THE CORNER (TO MAKE THE DIAGONAL EASIER) THE FRAME SHOULD BE TRIMMED TO THE EXACT LENGTH OF THE KASA.



4. MITRE THE CORNER BY TURNING THE EDGE OF THE FRAME UNDER AT A 45° ANGLE + TOP STITCH STARTING WITH DIAGONAL



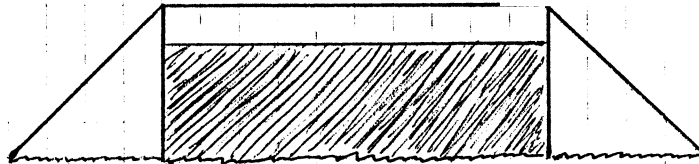
- C. ADD STRAP BY ATTACHING IT TO THE FRONT FRAME ABOVE THE OUTER 2 BANDS. LINE INSIDE OF STRAP UP WITH INSIDE BAND SEAM. OF OUTER MOST BAND!



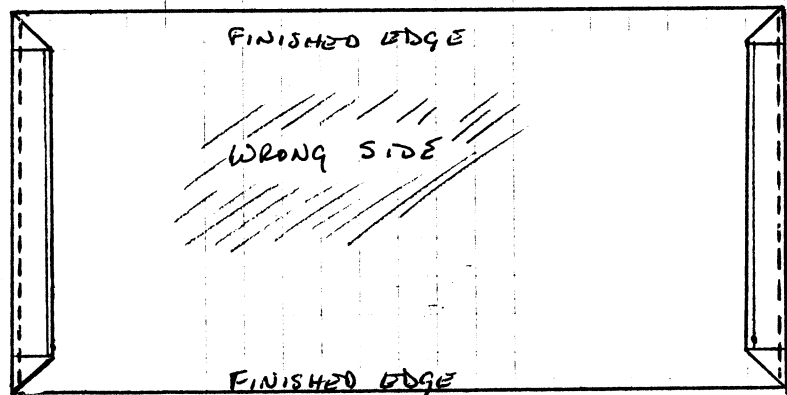
KASA IS COMPLETED

B. VERTICAL FRAMES.

1. TURN L EDGE UNDER + PRESS FOR BOTH SIDE FRAMES
2. TURN ENDS DIAGONALLY



3. PIN TO WRONG SIDE OF KASA + SEW.



NOTE: DIAGONAL AFTER ITS STITCHED SHOULD MEET THE FINISHED EDGE AT CORNER - THIS MEANS IT MUST OVERLAP  $\frac{1}{2}$ ".

4. TURN + PRESS. TRIM EXCESS MATERIAL AT CORNERS.
5. TOP STITCH, STARTING WITH DIAGONAL.

- C. ADD STRAP - ATTACH OVER THE OUTSIDE FLAPS. WITH LENGTH SO THAT KASA HANGS STRAIGHT ACROSS.